

28. PSIKOLOGI JAWA 2: Sakit dan Sehat Mental

<https://www.youtube.com/watch?v=j0HB6UP22cM&list=PLZZa2J4-qv-bpW9lgc10XfLNL7tfMzZZD&index=4>

405 x ditonton

•17 Sep 2020

170BAGIKANSIMPAN



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Terima kasih dan sangat mengapresiasi sharing tayangan gnosis wisdom ELA. (Filosofi Psikologi Barat/Timur : Mistik Yoga - Buddha Dhamma - Tasauf Islami , Kebatinan Nusantara dst). ki-ageng-soerjomentaram-ilmu-jiwa-kramadangsa [https://drive.google.com/file/d/1dk2S7Mc5e5\\_rQWT6XV8wOIUsAwQHgyM/view?usp=sharing](https://drive.google.com/file/d/1dk2S7Mc5e5_rQWT6XV8wOIUsAwQHgyM/view?usp=sharing)

BALAS

Sembunyikan balasan



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[1 minggu lalu](#)

Senang kalau ada manfaatnya. Terima kasih sudah berbagi literatur.

BALAS



[Teguh Kiyatno1](#) [menit lalu](#) (diedit)

[@Eling lan Awas](#) Ya.. maafkan saya hanya mampu berbagi literature tsb. Seandainya anda mengizinkan, saya sarankan anda dan juga semuanya untuk memperdalam/ mempertajam kajian filosofi psikologis Kramadangsa KAS ini dengan wawasan psikologi filosofis Abhidhamma Buddhisme demi bukan hanya peningkatan wawasan referensi pada process pendewasaan kehidupan sekarang namun terutama pencapaian tataran realisasi demi progress pencerahan keabadian selanjutnya. Maaf saya hanya seeker dan bukan Buddhist apalagi misionaris ... namun Saddhamma sesungguhnya melampaui Mystics, Agama apalagi Addhama ... kaidah kosmik yang berlaku tanpa keakuan/ pengakuan dan seharusnya secara mandiri direalisasi leveling universal transendensinya tanpa ter-eksplorasi labeling eksistensial immanensinya .

Pandangan CG Jung yang bapak kagumi sesungguhnya secara tersirat mengarah ke sana (pengaruh referensi Psychological Buddhist Ethics -Rhys Davids di Eropa saat itu ?).

Tampaknya memang ada desain permainan keabadian di kedalaman yang di permukaan kita sebut sebagai kehidupan ini. Desain kosmik ini tidak sekedar dalam tataran eksistensial namun juga universal dan bahkan transcendental. Diperlukan tidak sekedar individuasi immanen diri bagi aktualisasi personal namun realisasi transenden sebagai media impersonal. Singkatnya secara sederhana triade Sila – Samadhi – Panna Buddhisme secara simultan perlu dilayankan demi pemurnian kesejatian. Komprehensivitas berpandangan, moralitas berperilaku & integritas berpribadi sesungguhnya bukan hanya demi kepantasan pencitraan eksistensial belaka namun idealnya Sila tersebut dijalani secara cakap, sadar dan wajar (tanpa perlu supresi subconscious & represi unconscious tansadar personal) walau memang akan berdampak harmonis & holistic baik eksternal/ internal serta berpotensi melayakkan diri bukan hanya untuk terjaga dari sekapan apaya namun mampu membawa liburan surga (tanpa perlu alam antara sebelum pralaya?) namun akan berdampak memurnikan batin pada tihetuka kelayakan Samadhi penembusan tansadar kolektif bukan hanya dengan kecakapan meditative samatha namun dengan kemurnian Panna kebijaksanaan Vipassana sehingga bukan hanya mencapai Self jati diri keberadaan samsarik batin energy keilahian namun annata melampauinya (arketipe : persona/ shadow/ anima – mengatasi notion moha ‘keakuan’ sotapanna , lobha kelekatan sakadagami , dosa kekesalan anagami & mana avijja bagi keterjagaan samsarik asekh). Finally, media impersonal secara real telah menyadari secara factual dengan realisasi secara realistis dengan pengetahuan/ penempuhan/ penembusan tidak sekedar konseptual (anggapan/ kepercayaan/ keinginan) ... membawa berkah bukan hanya pembebasan bagi dirinya sendiri (‘manusia tanpa cirri ?’) namun juga keberkahan bagi segalanya (memayu hayuning bhawono) dengan kesetaraan tanpa kesombongan perendahan lainnya, mengasih tanpa tanha harapan pelekatan kekuasaan , menerima tanpa perlu dendam membenci karena semua ini hanyalah desain permainan keabadian (dagelan nama/rupa) penempaan keberdayaan dan bukan pengumbaran kemanjaan ....

Sati Sampajjana ( Eling lan Awas ... Sadar & Waspada) Walau mungkin mudah dinyatakan namun sungguh sangat susah diwujudkan.

BALAS

## A Message from Internet Archive Founder, Brewster Kahle

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Brewster Kahle, Founder & Digital Librarian

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*Brewster Kahle*

*Founder & Digital Librarian*

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